

# A mathematical model for blood flow and mass transport by a drug eluting stent

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A stent is an expandable metallic tube used to open a narrowed or clogged artery.



During a procedure called angioplasty, the stent is inserted into a coronary artery and expanded using a small balloon.



Drug eluting stents: polymeric coating loaded with drugs that inhibit smooth muscle cells proliferation.

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#### 2 Modeling blood flow

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- Flow is stable and laminar in the lumen (characteristic Reynolds number is low).

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- Flow is stable and laminar in the lumen (characteristic Reynolds number is low).
- The wall is a single homogeneous layer (the fluid-wall model).

# Domain



Figure : Physical domain

### System of equations

The model is defined by the following system of equations,

$$\mu \Delta u_l - (u_l \cdot \nabla) u_l - \nabla p_l = 0 \quad \text{in } \Omega_l \times (0, T),$$
  
 
$$\nabla \cdot u_l = 0 \quad \text{in } \Omega_l \times (0, T),$$

The model is defined by the following system of equations,

$$\begin{split} \mu \Delta u_l - (u_l \cdot \nabla) u_l - \nabla p_l &= 0 & \text{ in } \Omega_l \times (0,T), \\ \nabla \cdot u_l &= 0 & \text{ in } \Omega_l \times (0,T), \\ \kappa_1 u_w + \nabla p_w &= 0 & \text{ in } \Omega_w \times (0,T), \\ \nabla \cdot u_w &= 0 & \text{ in } \Omega_w \times (0,T), \end{split}$$

where  $\mu$  is the blood dynamic viscosity and  $\kappa_1$  is the inverse permeability of the arterial wall.

### System of equations

We denote by  $\Omega_p = \bigcup_{i=1}^k \Omega_{p,}^{(i)}$  the polymeric coating of the stent, then,

$$\begin{split} \kappa_1 u_p + \nabla p_p &= 0 & \text{ in } \Omega_p \times (0,T), \\ \nabla \cdot u_p &= 0 & \text{ in } \Omega_p \times (0,T), \end{split}$$

where  $\kappa_2$  is the inverse permeability of polymeric coating.

## Boundary conditions

Coupled with boundary conditions,

$$\begin{array}{rcl} u_l &=& u_{in} & \mbox{ on } \Gamma_{in}, \\ p_l &=& p_0 & \mbox{ on } \Gamma_{out}, \\ u_l \cdot \eta_l &=& 0 & \mbox{ on } \Gamma_l, \\ u_w \cdot \eta_w &=& 0 & \mbox{ on } \Gamma_{cut}, \\ p_w &=& p_0 - 100 & \mbox{ on } \Gamma_{adw}, \end{array}$$

where  $u_{in}: \mathbb{R}^2 \to \mathbb{R}^2$  is a given function and  $p_0 \in \mathbb{R}$  is a constant.

We consider the continuity of the pressure and the continuity of the normal component of the velocity,

### Contents



#### 3 Modeling drug release

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• The coating of the drug eluting stent is made of a porous polymeric matrix that encapsulates a therapeutic drug in solid phase.

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- The coating of the drug eluting stent is made of a porous polymeric matrix that encapsulates a therapeutic drug in solid phase.
- Drug transfer does not affect blood and plasma flow.
- The drug is present in two states (dissolved and undissolved).
- Drug release is controlled by non-Fickian diffusion of plasma into the polymeric matrix, by advection activated by trans-mural pressure gradients and dissolution.

• Fick's classic law:

$$\frac{\partial C}{\partial t} = -\nabla \cdot \ J_F(C)$$

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$$J = J_F(C) + J_{NF}(\sigma)$$

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• Fick's classic law:

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Modified flux:

$$J = J_F(C) + J_{NF}(\sigma) \quad \rightarrow \quad J_{NF}(C) = -D_v(C)\nabla\sigma$$

• Non-Fickian diffusion equation:

$$\frac{\partial C}{\partial t} = -\nabla \cdot \left( J_F(C) + J_{NF}(\sigma) \right)$$

We consider a generalized Maxwell-Wiechert model with m+1 arms in parallel. The stress associated to solvent uptake and exerted by the polymer is defined as

$$\sigma(c_p) = -\left(\sum_{k=0}^m E_k\right) \nabla f(c_p) + \int_0^t \left(\sum_{k=1}^m \frac{E_k}{\tau_k} e^{-\frac{t-s}{\tau_k}}\right) \nabla f(c_p)(s) ds ,$$

where  $\tau_k = \frac{\mu_k}{E_k}$  are the relaxation times associated to each of the m Maxwell fluid arms

The evolution of solvent penetration, drug diffusion and dissolution in the polymeric matrix are described by the following equations on the domain  $\Omega_p$  and for t > 0,

$$\begin{split} &\frac{\partial c_p}{\partial t} &= \nabla \cdot \left( D_p(c_p) \nabla c_p + D_v(c_p) \nabla \sigma(c_p) - \gamma_p u_p c_p \right) \;, \\ &\frac{\partial c_d}{\partial t} &= \nabla \cdot \left( D_d(c_p) \nabla c_d + (v(c_p) - \gamma_d u_p) c_d \right) + K_p \left( \frac{ds - c_p}{ds} \right) c_p H(s) \;, \\ &\frac{\partial s}{\partial t} &= -K_p \left( \frac{ds - c_p}{ds} \right) c_p H(s) \;, \end{split}$$

where  $\upsilon(c_p)=D_\upsilon(c_p)\frac{\nabla\sigma(c_p)}{c_p}$  and H is the heaviside step function.

The concentration of dissolved drug in the lumen and in the wall can be tracked with the following equations

$$\frac{\partial c_w}{\partial t} = \nabla \cdot \left( D_w(c_w) \nabla c_w - \gamma_w u_w c_w \right), \frac{\partial c_l}{\partial t} = \nabla \cdot \left( D_l(c_l) \nabla c_l - u_l c_l \right),$$

where  $D_w$  and  $D_l$  denote the diffusion coefficients of the drug in the lumen and in the wall respectively. The constant  $0 < \gamma_i \leq 1$  denotes the hindrance coefficient accounting for penetrant-media frictional effects.

They are defined as,

$$\begin{split} J_p &= -(D_p(c_p)\nabla c_p + D_v(c_p)\nabla \sigma(c_p) - \gamma_p u_p c_p) \,, \\ J_d &= -(D_d(c_p)\nabla c_d + (v(c_p) - \gamma_d u_p)c_d) \,, \\ J_w &= -(D_w(c_w)\nabla c_w - \gamma_w u_w c_w) \,, \\ J_l &= -(D_l(c_l)\nabla c_l - u_l c_l) \,. \end{split}$$

# Initial conditions

#### We have,

$$\begin{array}{rcl} c_p(0) &=& 0 & \mbox{in } \Omega_p, \\ c_d(0) &=& 0 & \mbox{in } \Omega_p, \\ s(0) &=& s_0 & \mbox{in } \Omega_p, \\ c_w(0) &=& 0 & \mbox{in } \Omega_w, \\ c_l(0) &=& 0 & \mbox{in } \Omega_l. \end{array}$$

# Boundary conditions

#### Coupled with,

$$\begin{array}{rcl} c_p &=& 1 & \mbox{ on } \Gamma_{p,l} \cup \Gamma_{p,w}, \\ J_w \cdot \eta_w &=& 0 & \mbox{ on } \Gamma_{adv} \cup \Gamma_{cut}, \\ J_l \cdot \eta_l &=& 0 & \mbox{ on } \Gamma_{in} \cup \Gamma_{out}, \\ J_d \cdot \eta_p &=& 0 & \mbox{ on } \Gamma_{str}, \\ J_p \cdot \eta_p &=& 0 & \mbox{ on } \Gamma_{str}. \end{array}$$
We consider the continuity of the drug concentrations and the continuity of the normal component of the fluxes,

$$\begin{array}{rcl} c_w &=& c_l, \quad J_w \cdot \eta_w = -J_l \cdot \eta_l & \mbox{ on } \Gamma_{int}, \\ c_d &=& c_w, \quad J_d \cdot \eta_p = -J_w \cdot \eta_w & \mbox{ on } \Gamma_{p,w}, \\ c_l &=& c_d, \quad J_l \cdot \eta_l = -J_d \cdot \eta_p & \mbox{ on } \Gamma_{p,l}. \end{array}$$

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4 Finite element discretization for blood flow

We use the edge stabilization technique introduced by Badia and Codina [1], further explored by D'Angelo and Zunino [2, 3] based on a  $H^1$ -conforming approximation for velocities on each subdomain together with Nitsche's type penalty method for the coupling between different subproblems. This combination leads to a continuous-discontinuous Galerkin type penalty method.

We will assume that each  $\Omega_i$  is a convex polygonal domain, equipped with a family of quasi-uniform triangulations  $\mathcal{T}_{h,i}$  made of affine triangles that are conforming on each interface. We will assume that each  $\Omega_i$  is a convex polygonal domain, equipped with a family of quasi-uniform triangulations  $\mathcal{T}_{h,i}$  made of affine triangles that are conforming on each interface.

On each subregion we consider the spaces,

$$\begin{aligned} \mathbf{V}_{h,i} &= \{ v_h \in C(\Omega_i) : v_h |_K \in \mathbb{P}^k(K), \ \forall K \in \mathcal{T}_{h,i} \}, \quad V_{h,i} = \left[ \mathbf{V}_{h,i} \right]^2, \\ Q_{h,i} &= \{ q_h \in L^2(\Omega_i) : q_h |_K \in \mathbb{P}^{k-1}(K), \ \forall K \in \mathcal{T}_{h,i} \}, \end{aligned}$$

where  $k \ge 1$ .

As global approximation spaces, we define

$$V_h = \bigoplus_{i=1}^N V_{h,i}, \qquad Q_h = \bigoplus_{i=1}^N Q_{h,i}.$$

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For the treatment of the nonlinear advective term of the steady Navier-Stokes equation, we consider Picard's iteration, thus we have that

$$\mu \Delta u_l - (w_l \cdot \nabla) u_l - \nabla p_l = 0 \quad \text{ in } \Omega_l \times (0, T).$$

• 
$$\Gamma_{ij} = \partial \Omega_i \cap \partial \Omega_j$$
, for all  $j = 1, ..., N$ .

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- $\mathcal{F}_{h,i}$  the set of all interior edges of  $\mathcal{T}_{h,i}$ .
- $h_E$  a piecewise constant function taking the value diam(E) on each edge E.

Let  $\phi_h$  represent a finite element function, we define the jump and the average across any (internal) face F of the computational domain in the usual ways,

$$\llbracket \phi_h \rrbracket(x) = \lim_{\delta \to 0} \left[ \phi_h(x - \delta\eta_F) - \phi_h(x + \delta\eta_F) \right], \quad x \in F,$$
  
$$\{\phi_h\}(x) = \lim_{\delta \to 0} \frac{1}{2} \left[ \phi_h(x - \delta\eta_F) + \phi_h(x + \delta\eta_F) \right], \quad x \in F.$$

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We also define the weighted average on  $\Gamma_{ij}$ ,

$$\{\phi_h\}_w = \alpha_l \phi_{h,i} + \alpha_w \phi_{h,j},\tag{1}$$

where  $\alpha = (\alpha_l, \alpha_w)$  are suitable weights such that  $\alpha_l + \alpha_w = 1$ .

For any  $u_h, v_h \in V_v$  and  $p_h, q_h \in Q_h$ , we define,

$$a(u_h, v_h; w_l) = \int_{\Omega} (\mu \nabla u_h : \nabla v_h + (w_l \cdot \nabla u_h) \cdot v_h + \kappa u_h \cdot v_h) - \int_{\partial \Omega} \mu (\nabla u_h \eta \cdot v_h + \nabla v_h \eta \cdot u_h) + \int_{\mathcal{B}_h} \left( \frac{1}{2} \left( |w_l \cdot \eta| - w_l \cdot \eta \right) + \frac{\tau_u}{h_E} \mu \right) u_h \cdot v_h$$

For any  $u_h, v_h \in V_v$  and  $p_h, q_h \in Q_h$ , we define,

$$\begin{aligned} a(u_h, v_h; w_l) &= \int_{\Omega} \left( \mu \nabla u_h : \nabla v_h + (w_l \cdot \nabla u_h) \cdot v_h + \kappa u_h \cdot v_h \right) \\ &- \int_{\partial \Omega} \mu \left( \nabla u_h \eta \cdot v_h + \nabla v_h \eta \cdot u_h \right) \\ &+ \int_{\mathcal{B}_h} \left( \frac{1}{2} \left( |w_l \cdot \eta| - w_l \cdot \eta \right) + \frac{\tau_u}{h_E} \mu \right) u_h \cdot v_h \end{aligned}$$
$$b(p_h, v_h) &= - \int_{\Omega} p_h \nabla \cdot v_h + \int_{\partial \Omega} p_h v_h \cdot \eta, \end{aligned}$$

For any  $u_h, v_h \in V_v$  and  $p_h, q_h \in Q_h$ , we define,

$$\begin{aligned} a(u_h, v_h; w_l) &= \int_{\Omega} \left( \mu \nabla u_h : \nabla v_h + (w_l \cdot \nabla u_h) \cdot v_h + \kappa u_h \cdot v_h \right) \\ &- \int_{\partial \Omega} \mu \left( \nabla u_h \eta \cdot v_h + \nabla v_h \eta \cdot u_h \right) \\ &+ \int_{\mathcal{B}_h} \left( \frac{1}{2} \left( |w_l \cdot \eta| - w_l \cdot \eta \right) + \frac{\tau_u}{h_E} \mu \right) u_h \cdot v_h \\ b(p_h, v_h) &= - \int_{\Omega} p_h \nabla \cdot v_h + \int_{\partial \Omega} p_h v_h \cdot \eta, \\ d(p_h, v_h) &= \int_{\Gamma} \{ p_h \}_w \llbracket v_h \cdot \eta_\Gamma \rrbracket, \end{aligned}$$

$$c(u_h, v_h) = \int_{\mathcal{G}_h} \frac{\tau_u}{h_E} \{\mu\}_w \llbracket u_h \rrbracket \cdot \llbracket v_h \rrbracket$$
$$- \int_{\Gamma} \left( \{\mu \nabla u_h \eta_\Gamma \}_w \cdot \llbracket v_h \rrbracket + \{\mu \nabla v_h \eta_\Gamma \} \cdot \llbracket u_h \rrbracket \right),$$

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$$- \int_{\Gamma} \left( \{\mu \nabla u_{h} \eta_{\Gamma}\}_{w} \cdot \llbracket v_{h} \rrbracket + \{\mu \nabla v_{h} \eta_{\Gamma}\} \cdot \llbracket u_{h} \rrbracket \right),$$
$$j_{u}(u_{h}, v_{h}) = \int_{\mathcal{G}_{h}} \frac{\tau_{u}}{h_{E}} \llbracket u_{h} \cdot \eta_{\Gamma} \rrbracket \llbracket v_{h} \cdot \eta_{\Gamma} \rrbracket$$
$$+ \int_{\mathcal{B}_{h}} \frac{\tau_{u}}{h_{E}} \mu(u_{h} \cdot \eta)(v_{h} \cdot \eta),$$

$$\begin{aligned} c(u_h, v_h) &= \int_{\mathcal{G}_h} \frac{\tau_u}{h_E} \{\mu\}_w \llbracket u_h \rrbracket \cdot \llbracket v_h \rrbracket \\ &- \int_{\Gamma} \left( \{\mu \nabla u_h \eta_\Gamma \}_w \cdot \llbracket v_h \rrbracket + \{\mu \nabla v_h \eta_\Gamma \} \cdot \llbracket u_h \rrbracket \right), \\ j_u(u_h, v_h) &= \int_{\mathcal{G}_h} \frac{\tau_u}{h_E} \llbracket u_h \cdot \eta_\Gamma \rrbracket \llbracket v_h \cdot \eta_\Gamma \rrbracket \\ &+ \int_{\mathcal{B}_h} \frac{\tau_u}{h_E} \mu(u_h \cdot \eta) (v_h \cdot \eta), \\ j_p(p_h, q_h) &= \int_{\mathcal{F}_h} \tau_p h_E \llbracket p_h \rrbracket \llbracket q_h \rrbracket. \end{aligned}$$

## Mixed formulation

Find  $(u_h, p_h) \in V_h \times Q_h$  such that

$$\begin{aligned} & a(u_h, v_h; w_l) + c(u_h, v_h) + j_u(u_h, v_h) + b(p_h, v_h) \\ & + d(p_h, v_h) = \mathcal{F}(v_h), \quad \forall v_h \in V_h, \\ & b(q_h, u_h) + d(q_h, u_h) - j_p(p_h, q_h) = 0, \quad \forall q_h \in Q_h, \end{aligned}$$

where

$$\mathcal{F}(v_h) = \int_{\Gamma_{in}} \left( \frac{1}{2} \left( |w_l \cdot \eta| - w_l \cdot \eta \right) + \frac{\tau_u}{h_E} \mu \right) u_{in} \cdot v_{h,l} \\ + \int_{\Gamma_{in}} \frac{\tau_u}{h_E} \mu(u_{in} \cdot \eta) (v_{h,l} \cdot \eta) \\ - \int_{\Gamma_{out}} p_0 v_{h,l} \cdot \eta_l - \int_{\Gamma_{adv}} (p_0 - 100) v_{h,w} \cdot \eta_w.$$

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5 Finite element discretization for drug delivery

We use the Implicit-Explicit (IMEX) finite element method introduced by Ferreira, Gudiño and de Oliveira [6, 7], in combination with the domain decomposition method for advection-diffusion equations introduced by Burman and Zunino [4] on each subdomain.

On each subregion we consider the space,

$$V_{h,i} = \{ v_h \in C(\Omega_i) : v_h |_K \in \mathbb{P}^k(K), \forall K \in \mathcal{T}_{h,i} \},\$$

where  $k \ge 1$ .

As global approximation space, we define

$$V_h = \bigoplus_{i=1}^N V_{h,i}.$$

For any  $c_h, v_h \in V_h$  we define,

$$e(c_h, v_h) = \int_{\Gamma} \left( \frac{\tau_c}{h_E} \{D\}_w \llbracket \nabla c_h \rrbracket \llbracket \nabla d_h \rrbracket + \{u_h \cdot \eta\} \{c_h\}_w \llbracket d_h \rrbracket - \{D \nabla c_h \cdot \eta\}_w \llbracket d_h \rrbracket - \{D \nabla d_h \cdot \eta\}_w \llbracket c_h \rrbracket \right).$$

## Plasma diffusion

Find  $c_{h,p} \in V_{h,p}$  such that

$$a_p(c_{h,p}, v_h) + e(c_{h,p}, v_h) = (\frac{c_{h,p}^{n-1}}{\Delta t}, v_h), \quad \forall v_h \in V_{h,p},$$

where,

$$a_{p}(c_{h,p}, v_{h}) = \int_{\Omega} \left( \frac{c_{h,p}}{\Delta t} v_{h} + \left( D_{p}(c_{h,p}^{n-1}) \nabla c_{h,p} \right. \right. \\ \left. + D_{v}(c_{h,p}^{n-1}) \nabla \sigma(c_{h,p}^{n-1}) - \gamma_{p} u_{h,p} c_{h,p} \right) \cdot \nabla v_{h} \right) \\ \left. + \int_{\mathcal{F}_{h,p}} \tau_{u} h_{E}^{2} \| u_{h,p} \cdot \eta \|_{L^{\infty}(E)} [\![\nabla c_{h,p} \cdot \eta]\!] [\![\nabla d_{h} \cdot \eta]\!].$$

# Drug diffusion in the polymer

Find  $c_{h,d} \in V_{h,p}$  such that

$$a_d(c_{h,d}, v_h) + e(c_{h,d}, v_h) = (\frac{c_{h,d}^{n-1}}{\Delta t}, v_h), \quad \forall v_h \in V_{h,p},$$

where,

$$a_d(c_{h,d}, v_h) = \int_{\Omega} \left( \frac{c_{h,d}}{\Delta t} v_h + (D_d(c_{h,p}) \nabla c_{h,d} + (v(c_{h,p}) - \gamma_d u_h) c_{h,d}) \cdot \nabla v_h + K_d \left( \frac{ds - c_{h,d}^{n-1}}{ds} \right) c_{h,p} H(s_h^{n-1}) v_h \right)$$
$$+ \int_{\mathcal{F}_{h,p}} \tau_u h_E^2 \| u_{h,p} \cdot \eta \|_{L^{\infty}(E)} [\![\nabla c_{h,d} \cdot \eta]\!] [\![\nabla d_h \cdot \eta]\!].$$

# Drug diffusion in the lumen and wall

Find  $c_{h,i} \in V_{h,i}$  such that

$$a_i(c_{h,i}, v_h) + e(c_{h,i}, v_h) = (\frac{c_{h,i}^{n-1}}{\Delta t}, v_h), \quad \forall v_h \in V_{h,i},$$

where,

$$a_{i}(c_{h,i},v_{h}) = \int_{\Omega_{i}} \left( \frac{c_{h,i}}{\Delta t} v_{h} + \left( D_{i}(c_{h,i}^{n-1}) \nabla c_{h,i} - \gamma_{i} u_{i} c_{h,i} \right) \cdot \nabla v_{h} \right) \\ + \int_{\mathcal{F}_{h,i}} \tau_{u} h_{E}^{2} \| u_{h,i} \cdot \eta \|_{L^{\infty}(E)} [\![\nabla c_{h,i} \cdot \eta]\!] [\![\nabla d_{h} \cdot \eta]\!].$$

for i = l, w.

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#### 6 Numerical experiments



Figure : Simplified domain



Figure : Computational domain,  $N_T = 10314$  and  $N_V = 5306$ 



Figure : Velocity field



Figure : Pressure

Loading video



Figure : Mass of drug in the wall vs the lumen



Figure : Computational domain,  $N_T = 10314$  and  $N_V = 5306$
Loading video



Figure : Mass of drug different stent profiles



Figure : Computational domain,  $N_T = 10314$  and  $N_V = 5306$ 

Loading video



Figure : Mass of drug in the wall plaque vs no plaque



Figure : Computational domains,  $N_T = 10314$  and  $N_V = 5306$ 



Figure : Mass of drug in the wall different positions

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